

Cara graduated from the University of Saskatchewan, College of Law, in 2002. She articulated in Melfort, Saskatchewan and was called to the Bar in 2003. A few months after completing articles Cara returned to Saskatoon, practicing in a small firm before joining Scharfstein Gibbings Walen Fisher LLP as an associate in 2007. Cara has been a partner with Scharfstein & Co. since 2013.

Cara practices in the areas of Civil Litigation, Wills, Estates and Real Estate, but specializes in the area of Family Law. Cara has appeared successfully before all levels of Court in Saskatchewan, including the Provincial Court, the Court of Queen's Bench and the Court of Appeal. Cara has also appeared successfully before the Federal Tax Court of Canada.

In addition to her litigation practice, Cara is experienced in Alternative Dispute Resolution, successfully completing the ADR Institute of Canada's National Introductory Mediation Course in 2015. This experience has served her well in her extensive involvement with the Canadian Bar Association.

Cara has been an active member of the CBA since 2010. This involvement has seen her serve as the Secretary and then Section Chair of the Alternative Dispute Resolution (North) Section. Following her involvement at the local level, in 2017 Cara was elected Secretary-Treasurer of the National Alternative Dispute Resolution (North) Section. She currently sits as Vice-Chair of this Section and is slated to move into the Chair position in 2019. In her time nationally, Cara has worked with on the implementation and development of CPD programming. Cara has also served on the Children's Law Committee (now the Child and Youth Law Section) for two years working to promote the legal interests of children.

For the past several years Cara has assisted with the CPLED program in the education of articling students as a Learning Group Facilitator and Instructor. She has instructed students on questioning (discoveries), negotiation, interviewing clients, family law, wills, and practice management. In addition, Cara has instructed and assisted at the College of Law for their Dispute Resolution Intensive week.

Apart from the practise of law, Cara is currently the co-chair of the board of the FASD Network of Saskatchewan, a non-profit provincial organization that works with families, children and adults affected by Fetal Alcohol Spectrum Disorder. Cara also sits on the board of the John Bosco Wilderness Camp.

In running for bencher Cara seeks to gain additional experience and knowledge in the regulation and governance of the legal profession. As someone with a lengthy career ahead of her, Cara has a vested interest in the future of the legal profession in this province. Therefore, it is her wish to volunteer her time and energy to serve the profession and the public in this position.